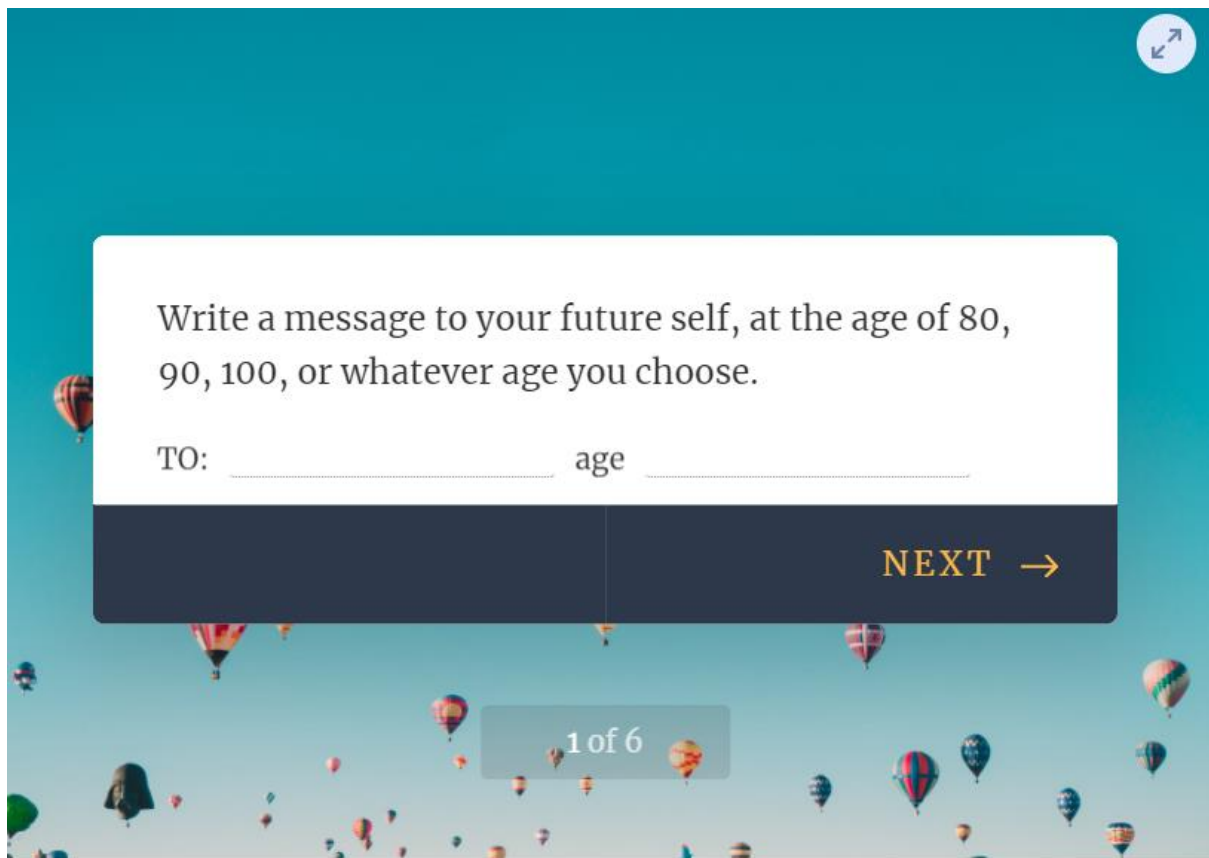




Postcard to your future self

We invite you to think about what life will be like for you when you're older and to write a message to your future self. You can do this activity whatever age you are now.

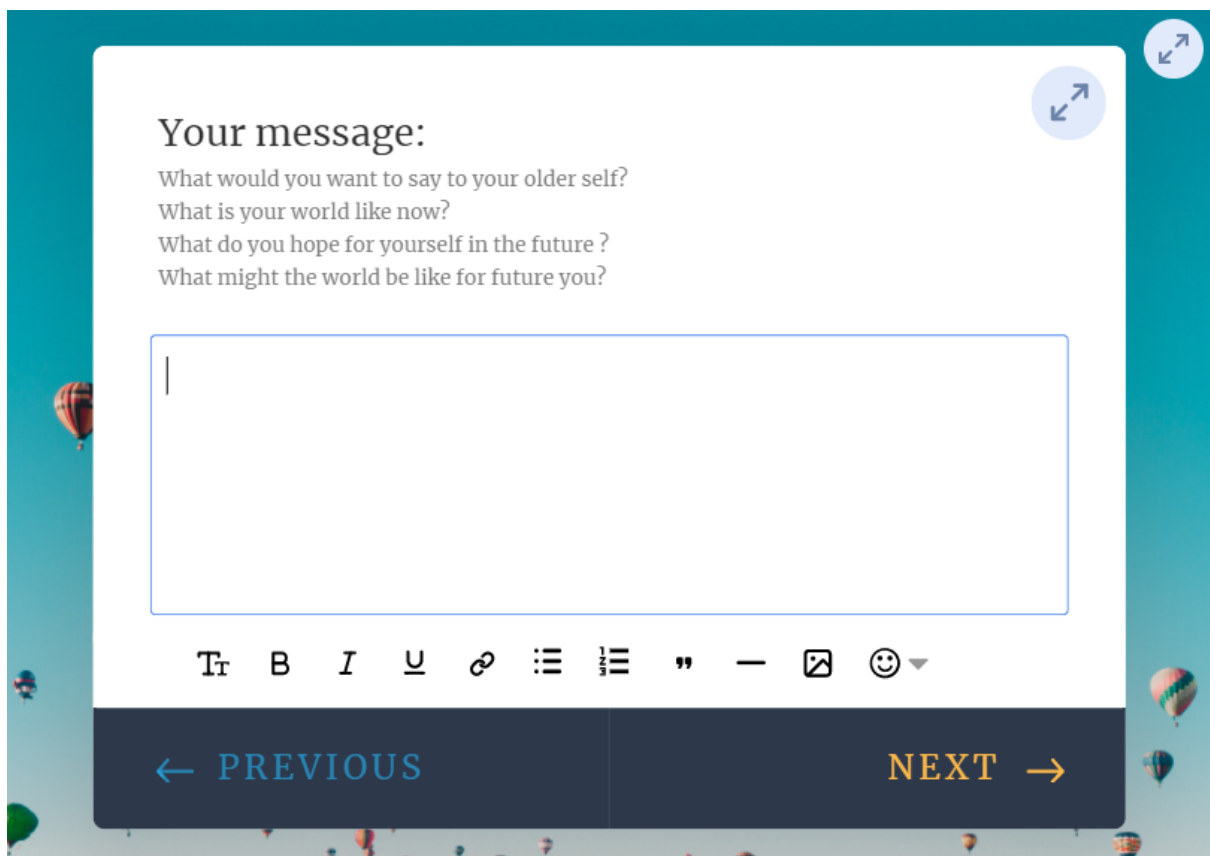
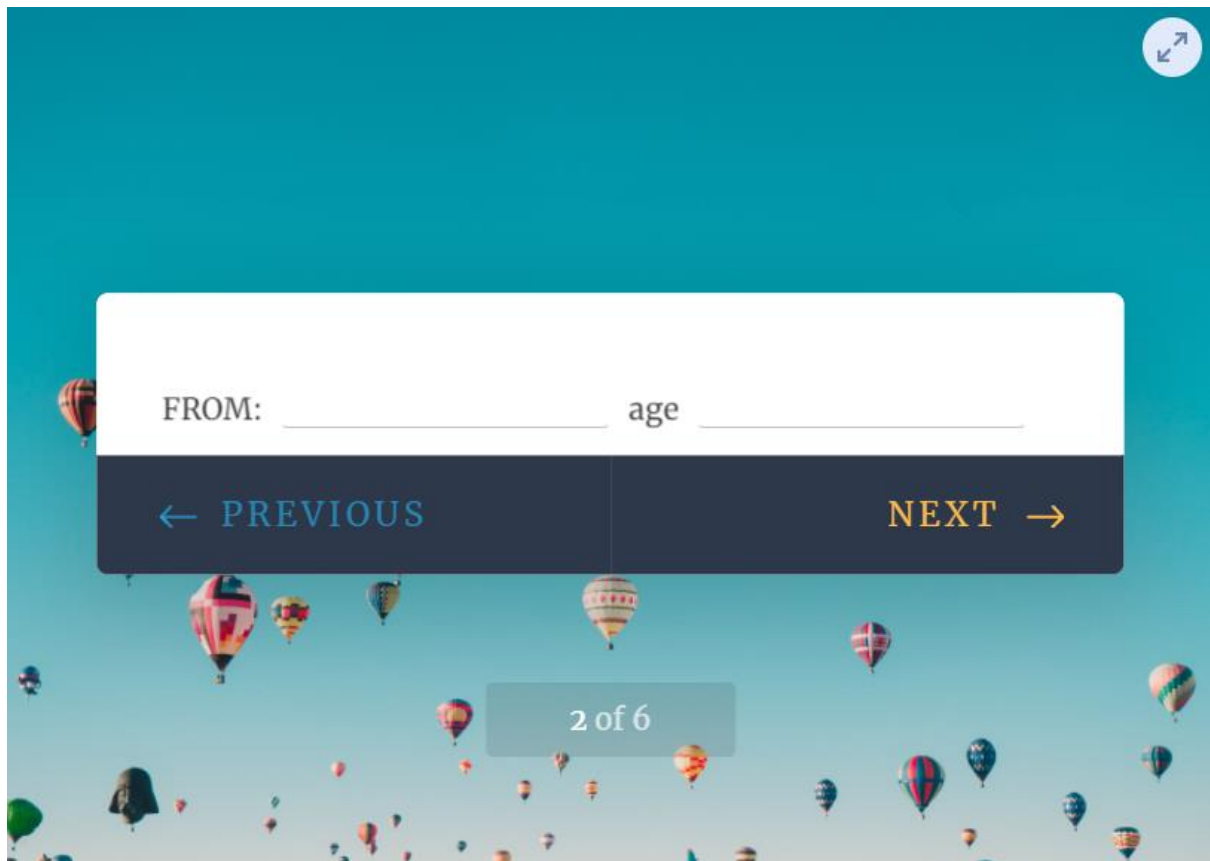
The interface is a digital postcard template. It features a teal header bar with a small circular icon in the top right corner containing two arrows. The main background is a light blue sky filled with numerous colorful hot air balloons. A white rectangular box in the center contains the text: "Write a message to your future self, at the age of 80, 90, 100, or whatever age you choose." Below this text is a form field labeled "TO:" followed by a line for a name and "age" followed by a line for an age. At the bottom of the white box is a dark blue bar with the word "NEXT" in gold capital letters and a gold right-pointing arrow. A small grey box at the bottom center of the screen displays "1 of 6".

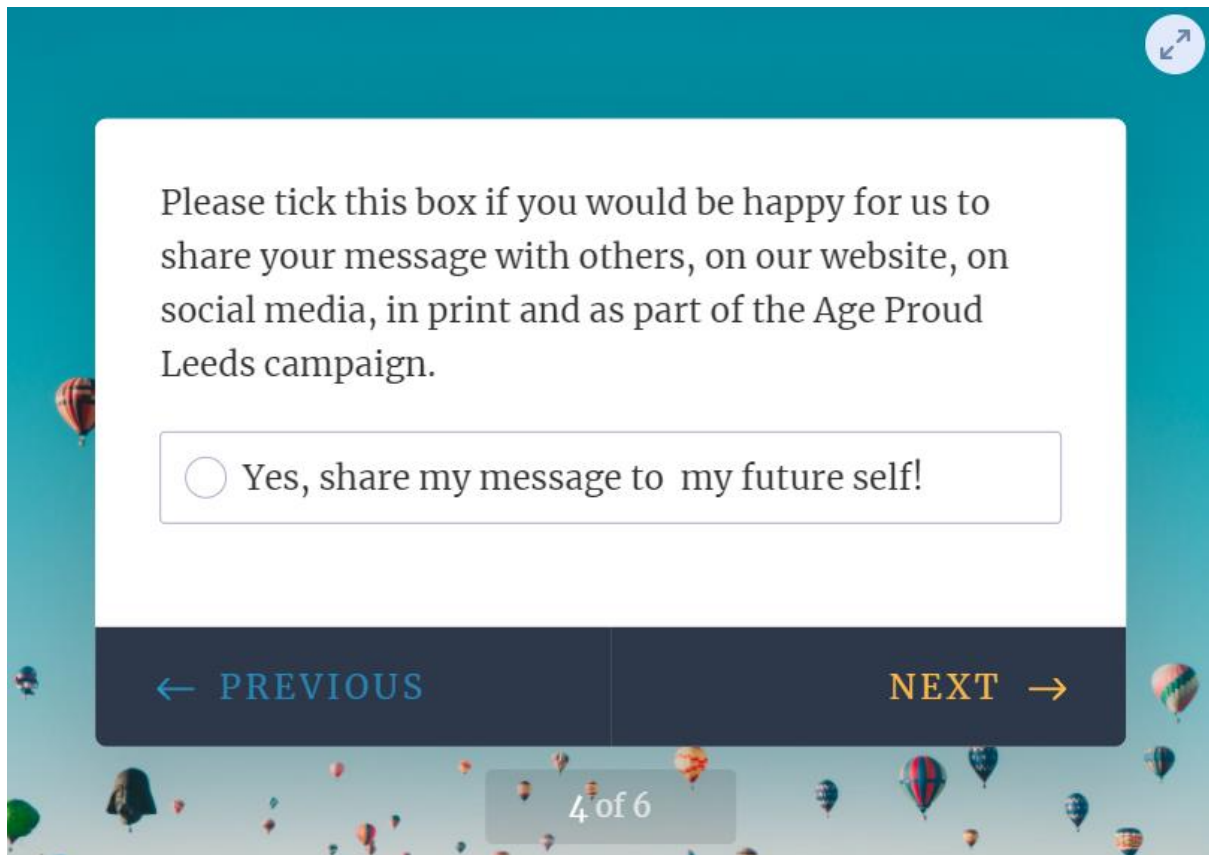
Write a message to your future self, at the age of 80, 90, 100, or whatever age you choose.

TO: _____ age _____

NEXT →

1 of 6





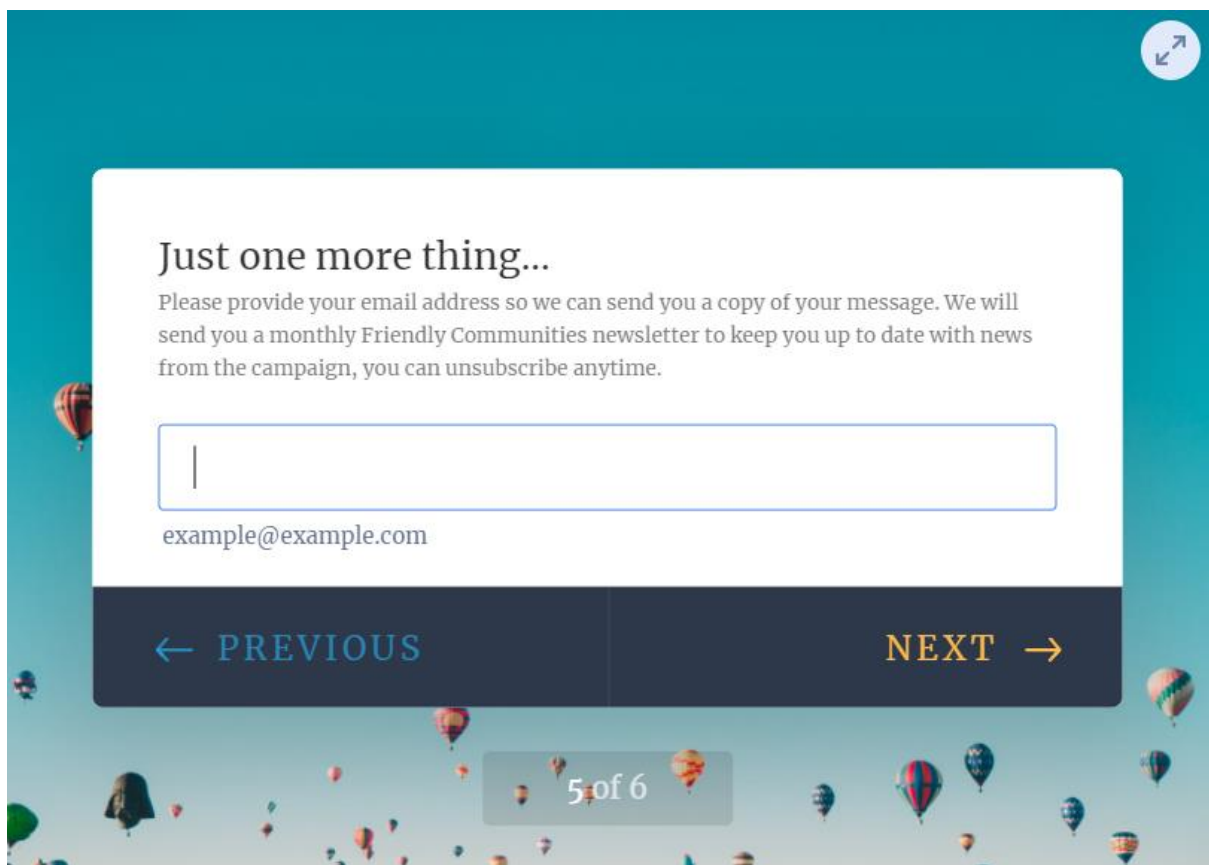
Please tick this box if you would be happy for us to share your message with others, on our website, on social media, in print and as part of the Age Proud Leeds campaign.

☐ Yes, share my message to my future self!

← PREVIOUS

NEXT →

4 of 6



Just one more thing...

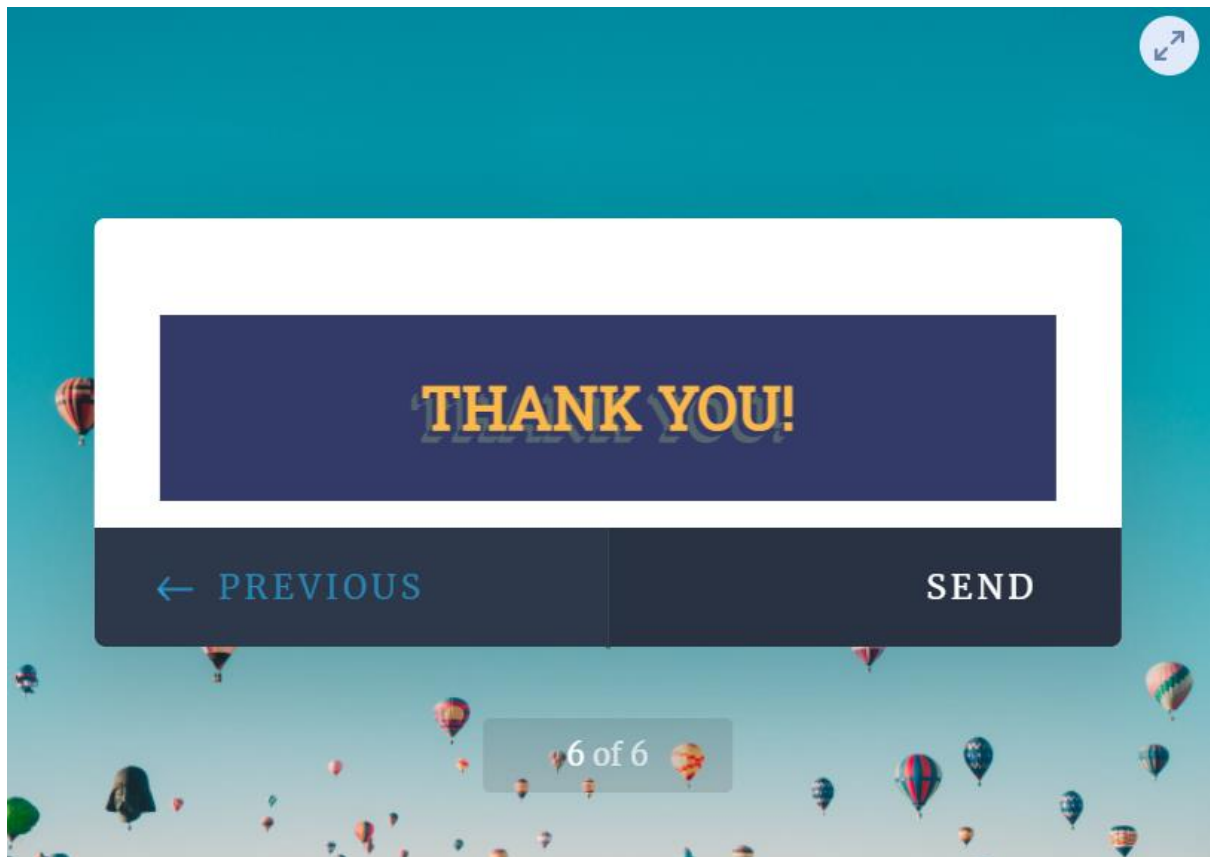
Please provide your email address so we can send you a copy of your message. We will send you a monthly Friendly Communities newsletter to keep you up to date with news from the campaign, you can unsubscribe anytime.

example@example.com

← PREVIOUS

NEXT →

5 of 6



Downloaded: April 2021